## 55 MIN OF STRENGTH AND SKILL BUILDING ACTIVITIES TO GAIN SKILLS ON THE GYMNASTICS UNEVEN BAR.

## DROP IN RECREATIONAL BAR CLINIC



JUNE DATES AND TIMES: 6/3 TUESDAY 4:30-5:25 6/10 TUESDAY 4:30-5:25 6/21 SATURDAY 10:00-10:55 6/28 SATURDAY 10:00-10:55



GREAT FOR AGES 5 AND UP TO BUILD STRONG CORE AND ARMS

SPACE IS LIMITED. PRE-REGISTRATION REQUIRED!