

ADDITIONAL INFORMATION:

- **SUMMER PRACTICE TIMES ARE IN THE MORNING/EARLY AFTERNOONS; USUALLY NO EVENINGS OR WEEKENDS.**
- **FALL PRACTICES ARE AFTER SCHOOL, AND SATURDAY MORNING/ EARLY AFTERNOONS.**
- **GYMNASTICS IS A YEAR AROUND SPORT**



BENEFITS OF TEAM:

- **CREATING LIFELONG FRIENDSHIPS**
- **BUILDING LIFE SKILLS SUCH AS LEADERSHIP, GRIT, TEAMWORK & COMMUNICATION.**
- **KEEPS CHILDREN BUSY, ACTIVE & SAFE**
- **TEACHES COMMITMENT AND ACCOUNTABILITY**

GIRLS ARTISTIC TEAM



WHAT IS TEAM?

TEAM GYMNASTS COMPETE AT SEVERAL COMPETITIONS YEARLY TO ACHIEVE MEDALS AS A TEAM & INDIVIDUALLY. THEY PROGRESS THROUGHOUT THE SEASON LEARNING SKILLS TO GROW WITHIN THE SPORT.

ARTISTIC GYMNASTICS IS SPLIT INTO TWO PROGRAMS: THE DEVELOPMENTAL PROGRAM & THE XCEL PROGRAM. THE DEVELOPMENTAL PROGRAM HAS LEVELS 1-10 & XCEL IS SPLIT INTO 6 LEVELS: BRONZE, SILVER, GOLD, PLATINUM, DIAMOND & SAPPHIRE.

THE DEVELOPMENTAL PROGRAM FOLLOWS THE ELITE/COLLEGE TRACK & HAS A LARGER TIME/FINANCIAL COMMITMENT.

XCEL IS ALSO A COLLEGIATE TRACK FOR ACROBATICS & TUMBLING AND HAS LESS TIME COMMITMENT. XCEL IS A GREAT PROGRAM FOR SOMEONE WHO IS ALSO INVESTED IN OTHER INTERESTS.

FINANCIAL COMITMENT

**MONTHLY TUITION IS REFLECTED IN THE AMOUNT
OF HOURS ATTENDED.**

**MONTHLY TEAM TUITION STARTS AROUND
=\$263.00/MONTH AND GOES UP BY LEVEL.**

**IN ADDITION TO MONTHLY TUITION, THERE ARE
MEET FEES. MEET FEES ARE SPLIT INTO 4 MONTHLY
PAYMENTS & RANGE BETWEEN \$550- \$2000
THIS FEE INCREASES WITH THE LEVELS TO REFLECT
FARTHER TRAVEL AND NUMBER OF MEETS.**

SUBJECT TO CHANGE

OTHER FINACIAL FACTS TO CONSIDER

- PARENT/SIBLING ADMISSION INTO EACH COMPETITION**
- UNIFORM FEES (LEOTARD, WARM UP, BAG ETC.)**
- TRAVEL FEES- GAS,HOTEL,FOOD ETC.**



| Session: | | | |
|----------|------|------------|--------|
| Event | Num | Name | Score |
| Vault | 536 | A Skidmore | 8.900 |
| Bars | 974 | L Dagley | 8.625 |
| Beam | 752 | S Askar | 9.375 |
| Floor | 1929 | A Moldovan | 10.000 |

TIME COMMITMENT

- UNLIKE RECREATIONAL CLASSES, TEAM PRACTICES MULTIPLE DAYS & HOURS. THIS STARTS AROUND 2X/WEEK= 4/5 HOURS A WEEK, & INCREASES WITH LEVEL.
- COMPETITIONS CAN RANGE FROM NEARBY TO SURROUNDING STATES.
- COMPETITIONS RANGE FROM NOVEMBER-MARCH AND HAVE 4-5 COMPEITITONS (MEETS) IN THAT TIME FRAME.
- MEETS CAN BE HELD FRIDAY,SATURDAY, OR SUNDAY, AND TYPICALLY LAST 3-4 HOURS. (ON ONLY ONE DAY)
- WE DO NOT FIND OUT OUR EXACT DAY/TIME UNTIL 2-3 WEEKS IN ADVANCE.