



School-Age Statement of Good Health

Upon enrollment and annually thereafter, Troy Gym shall obtain and keep on file at the center, a signed statement from the school-age child's parent confirming the child is in good health.

Please fill out the form below:

Child's Name: _____

Please initial **ONE** option below:

_____ The child listed above is in good health and has immunizations that are up-to-date and on file with his/her school.

_____ The child listed above is in good health and has the appropriate immunization waiver on file as his/her school.

Any health concerns for your child that we should be aware of (seizures, convulsions, vision issues, asthma, etc.)?

Any allergies?

Special Needs?

Please list any activity restrictions below:

Parent/Guardian Print Name _____

Relationship to Child _____

Parent/Guardian's Signature _____ Date _____



Child Information & Emergency Contact Record

Full Name of Child	
Date of Birth of Child	
Street Address	
City, State, Zip	
Name of Parent/Guardian	
Phone	
Email Address	
Name of Parent/Guardian	
Phone	
Email Address	

Emergency Contact & Release of Child

List all individuals, including parents/legal guardians, in order of preference, to be contacted in an emergency. If possible, include at least one person other than the parents/legal guardians to be contacted in an emergency and to whom the child can be released. The second phone number column can be left blank. (If more individuals, please attach additional sheets).

Name	Phone 1	Phone 2 (if applicable)

Release of Child Only

List all individuals, other than legal parents/guardians, to whom the child may be released. Additional names can be added by emailing camps@trovgym.com by 9AM the business day prior to your enrollment.

Name	Phone 1	Phone 2 (if applicable)



Neighborhood Walks Permission Slip

Neighborhood Walks

I give permission for my child, _____, to go on walks through the neighborhood throughout the year at TG.

Parent/Guardian Name (Print) _____

Parent/Guardian Name (Signed) _____

Date: _____



Troy Gym Camp Checklist

Email to camps@troygym.com

In Child Care Bag, labeled with child's first and last name:

- Quiet time activity (no electronics, please)
- Lunch *cold lunch-we are unable to heat up lunches.*
- 2 snacks (1 if half day)
 - All food items brought should be healthy to help support a productive body and mind. Pack extra food, just in case. We see our campers going through food quickly!
- Water bottle
- Closed toe shoes for outdoors (ALL camps) and ropes courses (TG4/3 camps)
- Clothes appropriate for outdoor weather
- Change of clothes in case of accident or need to change
- For summer camps only: swimsuit, towel, sunscreen, sandals/water shoes, bag for wet clothing items